

www.metabolicpulse.com

INSULIN REPLACEMENT IN TYPE 2 DIABETES: ADVANCING CARE WITH BASAL-PRANDIAL THERAPY

Physicians' Financial News®

[About Us](#)
[Contact Us](#)
[Advertise](#)

Home | Your Practice | Your Money | Your Life | Asset Protection | Columnist Blogs | search...

Home • Your Money • Investing • Unloved Securities Offer Opportunity in '08

Unloved Securities Offer Opportunity in '08

By J. Michael Martin, CFP
 Friday, 18 January 2008

Is now the time to jump on opportunities in gold and energy, like unloved Canadian oil trusts, while putting unusually high percentage in money markets and short-term bonds? Just consider:

• **Despised Canadian oil trusts offer value**—Canadian royalty trusts don't seem to have a friend in the world, making them attractive value investments. These trusts of oil- and gas-producing properties in Canada and the western US sport high yields, like 16% for Advantage Energy Income Fund (AAV) and 12% for Enerplus Resources Fund (ERF). Canada is stripping the trusts of tax advantages, and the prospective loss of the tax advantage is more than reflected in the current price.

• **Gold shines as money supply inflates**—Money supply has been expanding at an astounding 21% annual rate worldwide, which must eventually undermine paper currencies. Gold is the only currency that can't be manipulated by governments, so bullion is an attractive opportunistic investment.

• **Energy companies in stable countries are a foundation**—The best energy investment strategy is to own oil and gas reserves in the most politically safe areas of the world, especially North America. I like Apache Corp. (APA), an exploration and production company that has consistently grown its production and its reserves, and Exxon Mobil (XOM), the largest integrated oil company in the world with a powerful balance sheet.

• **Price-earnings ratios to contract in general**—This is because the complacency that investors felt until recently has evaporated. With the S&P 500 trading at 17 to 18 times earnings, stocks seem pretty rich by historical norms—hence the overweighting in safe havens.







Mr. Martin, a former VP and equity research director with T. Rowe Price, founded **Financial Advantage** in 1987. *Wealth Manager* named the firm one of the top 200 independent financial advisory firms in the country for the past five years. The firm's investment approach combines caution with opportunism on a fee-only basis. He invites comments at 410-715-9200 or MMartin@financialadvantageinc.com



Next >

In Depth for Doctors

Debt Management: What You Never Learned in Medical School
 by Ed Rabinowitz

- Columnist Blogs**
-  Shirley M. Mueller, MD MyMoneyMD Asset Allocation Buzz?
 -  Yvonne Mart Fox Fox Tales A Little Bit Goes a Long Way
 -  Ivo Drury, MD, MBA Physician's Career Corner What Makes a Physician Admin?
 -  Betsy Nicoletti Reimbursement Rules I Read the Patient the Riot Act
 -  Jeffrey Segal, MD Medical Justice HIPAA Goes to Hollywood
 -  Donna Weinstock MD Office Management Consent to Treat Forms

Recent Blog Comments

The AMA Getting Well
 You can put the genie back in the box. If you real...
They are out to get ...
 In the early 1990's, I co-designed and raised the ...
The AMA Getting Well
 I recently had a pharmaceutical rep tell me what p...
The AMA Getting Well
 i opted out of the program that sells rx info. ha...

Wed, Jan 23, 2008 2:42 pm

Reader Login

Username

Password

Remember me

Lost Password?
 No account yet? Register

Anatomy

Signs & Symptoms

Health Explorer

Features

[Your Practice](#) | [Your Money](#) | [Your Life](#) | [Asset Protection](#) | [Columnist Blogs](#)

www.metabolicpulse.com

INSULIN REPLACEMENT IN TYPE 2 DIABETES: ADVANCING CARE WITH BASAL-PRANDIAL THERAPY

About Us
[Contact Us](#) | [Search](#) | [Advertise](#) | [Ask the Experts](#) | [MDNG.com](#) | [Register](#) | [Privacy Policy](#)

